

# Mitigating Miserable-Odontics

*The tools and techniques that HELP make the most difficult procedures in dentistry easier, predictable, less painful, and MORE SUCCESSFUL*

## COURSE DESCRIPTION

Despite the myriad of benefits that dentists get to enjoy, including a high income, a less-than-five-day workweek, and the opportunity to be a business owner... many are miserable.

This can be connected to several factors.

In this highly entertaining and realistic lecture, Dr. Gupta shares the techniques and strategies — both within and outside of the op — that have made life as a dentist better.

## COURSE OBJECTIVES

- Discover the products that HELP make dentistry more ergonomic and friendly FOR our backs, necks, and hands
- Discover the advances in technology that minimize the most stressful clinical situations
- Learn about updates in clinical dentistry that aid in isolation and hemostasis
- Discover the #1 happiness and relationship killer that also affects your ability to perform more comprehensive dentistry
- Illuminate the long-term impact of poor posture and a sedentary lifestyle on the dental team
- Gain a daily core strength routine that can affect your overall quality of life
- Identify steps to prevent and treat burnout

## FEATURED SPEAKER



**Ankur A. Gupta**  
DDS

**Friday, May 19**

registration: 7am  
course: 8am to 12pm  
\*\*breakfast included

**Price: \$450**

**Credits: 4 CE**

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